

Sunday School Lesson

Sunday, October 4, 2020

Eighteenth Sunday After Pentecost



“The prophet Miriam...took her tambourine, and all the women followed her...dancing.”

While labeled Sunday School, please feel free to use these ideas in a way that blesses your family. You do not have to do all the activities nor do you need to do them on Sunday morning. You can use whatever translation of the Bible or Children’s Bible you have in your home.

Read: Exodus 15: 20-21

Activities and Background:

Miriam is one of the strong women in the Old Testament. She starts out as that loving sister who watches over Moses as a baby in the basket, walks up to Pharaoh’s daughter and asks if she needs someone to care for the baby, becomes a prophet, and now leads the women in a celebratory dance thanking God for a successful exodus.

1. Read the scripture story.
 - I wonder why it says only the women danced with Miriam.
 - I wonder how many women were dancing with Miriam.
 - I wonder if you have ever felt so happy you wanted to dance.
2. Name some tough times God has gotten you out of. Offer a prayer of thanksgiving.
3. Get out your tambourines or other instruments and dance and play. Make tambourines.
 - I wonder how long Miriam and the woman danced.
 - I wonder how they felt after they danced.
4. Older children might want to learn more about Miriam. Look up these other scriptures: Exodus 2; Numbers 12; Numbers 20:1.
5. Sing a favorite Praise song or learn a new song. Memorize the song so that you can sing it wherever you are and whenever you are joyful.
 - I wonder what song Miriam and the women sang as they danced.
6. Miriam was a leader she led the other women. Can you be a leader in being joyful?
 - I wonder if you can share a smile with someone who is sad.
 - I wonder if you can help other people praise God.
 - I wonder if you can lead a song or dance in church.
7. Read the scripture again. Draw a picture to remind you of the scripture.
8. End with a dance and song to praise God. You might sing “I have the Joy, Joy, Joy”