

Sunday School Lesson

Sunday, January 24, 2021

Third Sunday After Epiphany



“Son, your sins are forgiven....Stand up and take you mat and go home”.

While labeled Sunday School, please feel free to use these ideas in a way that blesses your family. You do not have to do all the activities nor do you need to do them on Sunday morning. You can use whatever translation of the Bible or Children’s Bible you have in your home.

Read: Mark 2: 1-12

Activities and Background:

Here we have a healing story. But it is also a story of friendship.

1. Read the scripture story. Discuss what is happening in the story. Wonder with your children – I wonder what the friends did after the man was healed? I wonder what the people watching did? I wonder what the man who was healed did?
2. Gather some props from around the house, a pillow, blanket, so forth. Retell the story by acting it out.
3. Discuss a time when you helped someone. How far are you willing to go in helping a friend? Talk about how you can help your friends.
4. Discuss a time when you went some place which was very crowded. How did it feel? How did the people act? How did you get into the room? How did it smell?
5. Think of when a friend helped you. Write that friend a thank you note.
6. Read the story again. Draw a picture to help you remember it.
7. Sing “Friends, Friends, Friends” and end with a prayer.

*Help me to be a good friend.
Help me to bring my friends to Jesus.
Thank you, for the friends I have.
Thank you, for how my friends help me meet Jesus.
Amen.*