

Sunday School Lesson
Sunday, February 7, 2021
Fifth Sunday After Epiphany



“Go and see!”.

While labeled Sunday School, please feel free to use these ideas in a way that blesses your family. You do not have to do all the activities nor do you need to do them on Sunday morning. You can use whatever translation of the Bible or Children’s Bible you have in your home.

Read: Mark 6: 30-44

Activities and Background:

The feeding of the five thousand has been discussed by many. Was it a physical miracle or a miracle of changed hearts? Whichever way one sees it, it is a miracle. Keep in mind the scripture says, “five thousand men”. Chances are their families were there as well so there may have been many more than five thousand.

1. Read the scripture story. Discuss what is happening in the story. Wonder with your children.
2. Young children will enjoy the counting in this story. Count out 5 pieces of bread and 2 fish. Then count to 12 for the leftover baskets. Then there is the big number of 5000. Young children also enjoy putting items in and out of containers. They will enjoy filling and emptying baskets.
3. Think of a time when you thought there would not be enough food, paper, paint, gas or glue but there was. I think of the Hannukah Story of the oil which lasted for 8 days. God blesses us daily.
4. Invite some friends over for lunch or dinner and share a meal together. Or have a picnic outside (safer during COVID). Make a meal of fish and bread. Tuna fish sandwiches are great with this story.
5. Bake bread or go fishing. Can you bake 5 loaves or catch 2 fish? Then share.
6. Make a donation to your local food bank. Discuss why we should not waste the food we have.
7. Read the story again. Draw a picture to help you remember it.
8. End with a prayer.

*Help me be aware of those around.
Help me share my bread so brown.
Thank you, for the food we eat.
Thank you, for the people we meet.
Amen.*